

NU Women's Basketball Night Clinics

Clinic #1: Tuesday, June 20th & Wednesday, June 21st ...6:00 pm - 9:00 pm

Clinic #2: Tuesday, June 27th & Wednesday, June 28th...6:00 pm - 9:00 pm

Register online: www.abcscampscamps.com/nubasketball

Purpose:

Each night clinic offer two sessions, 3 hours each, to focus extensively on the fundamentals of shooting and position work. Shooting techniques will cover jump shots, foul shots, shooting off screens, off the dribble, 3 pt's, moves, and more. Positional work will focus on the fundamentals of basketball and

emphasize the breakdown of offense and specific skills of each players position. Post players will work playing back to the basket, posting and scoring in the paint, and many other aspects of the inside game, as well as shooting from the perimeter. Guards will focus on how to get open, footwork, ball handling, passing, and shooting.

Cost: \$50 per clinic

Walk-in Registration:

5:30 pm on the first day of each clinic

Age Group: Grades 8-12

Questions?

NiagaraWomensbball@gmail.com

