



FREE
Yoga
@ the
CAM

Wednesday, October 25

12:15 - 1:00 p.m.

Mindful Meditation

1:00-1:30 p.m.

Extended Dates November 1 & 8!

Limited yoga mats available. No registration required.

Beginner and all levels welcome.

Questions? Call 716.286.8295

CASTELLANI
ART MUSEUM
OF NIAGARA UNIVERSITY