**We may need you**

**to**



"Stop the Bleed is a national awareness campaign and *call-to-action*. Stop the Bleed is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives."

 Homeland Security

St. Vincent’s Hall 407

November 7th, 2018

4:30 PM - 6:00 PM

Light refreshments will be served.

Please e-mail tmannarino@niagara.edu to sign up!

"I was alone when I tripped and fell while carrying a full-length mirror, slicing three tendons and an artery!  There were no cell phones available and the only telephone was yards away from where I lay … If not for my knowledge of tourniquets, I would have died. Terrible injuries can happen in seconds; make sure YOU know what to do in the case of arterial bleeding.​"

 Dr. Janine L. Hunt-Jackson

Please come - you may someday save a life!

Sponsored by Border Community SERVICE & Niagara County DOH