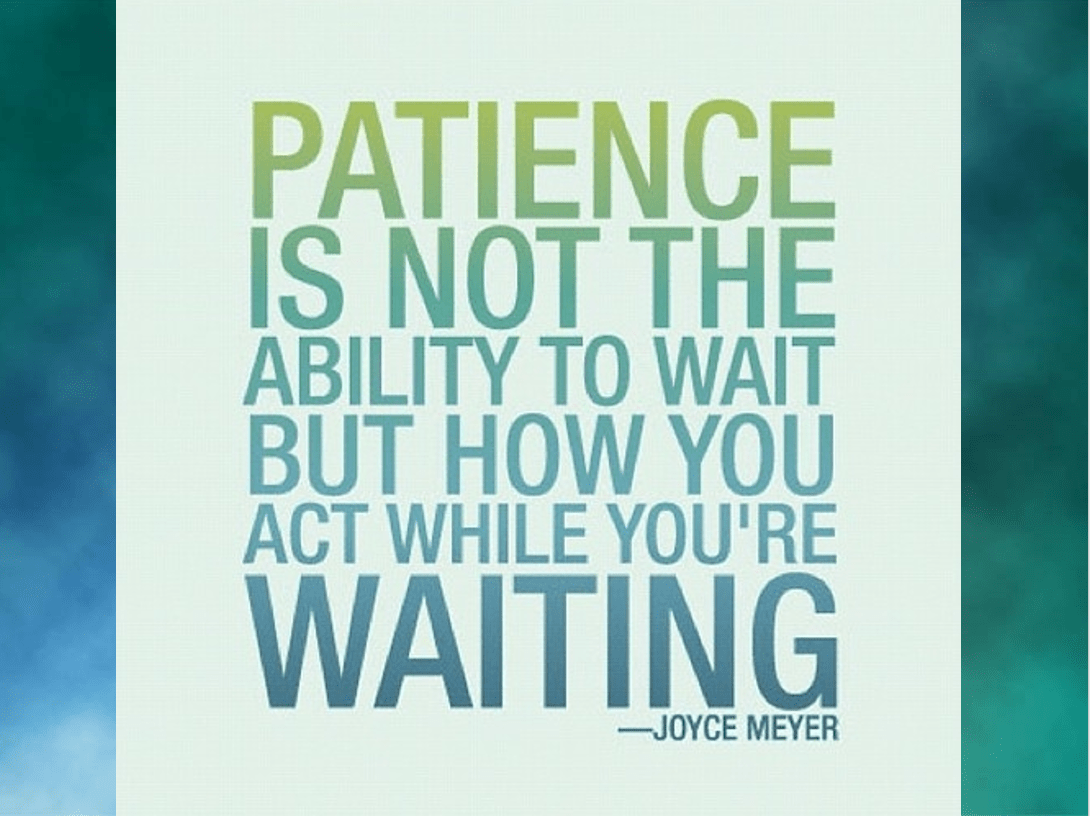
**Happy Monday from the Center for Mindful Practice!**

**We hope these words provide inspiration for you this week.**

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwj7x4WWwIHlAhVqZN8KHeelCDEQjRx6BAgBEAQ&url=https://www.usrepresented.com/2019/08/26/patience-is-a-virtue-but-is-it-a-priority/&psig=AOvVaw1SnQfdnjnQN6ZkbgABYItS&ust=1570240561434820)