

# Mutual Aid & Disaster Relief Training

Wednesday, April 19<sup>th</sup> from 1 – 4 PM at  
Niagara University's Vincentian Center for Justice in Bailo Hall



HANDS  
ONLY  
CPR

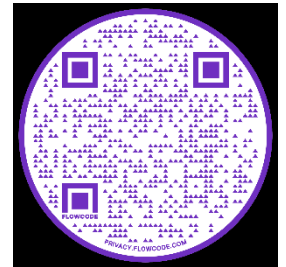
Everyone Can Save A Life

Are you prepared to respond when the people around you need your help? Actualizing a community of organizers and movement builders means providing the knowledge, tools, and connections to support each other. Every day. Including when crises and disasters occur.

This training is intended to provide you with basic life support skills – the ability to help people in greatest need. It is also designed to educate on how to build a mutual aid support network for your community – for Niagara University and for the broader community!

You will learn Stop the Bleed, Hands Only CPR, and how mutual aid can be applied to disaster relief.

Register today: email [justicehouses@niagara.edu](mailto:justicehouses@niagara.edu) or use the QR Code to the right!



Led by Clean Air Coalition and Niagara County Department of Health. Hosted by Niagara University's College of Nursing and Justice House program.

